

The 7-Minute

Culture Cure™

Take the Challenge!

Step One	Pull together your team of 7 people who will take the challenge.
Step Two	Download the Grid from the Red-Carpet Culture Club. Use this to keep track of your activities.
Step Three	Download the 77 Relationship-Building Actions which will be in the Culture Club by Wednesday, February 8, 2023.
Step Four	Post your intention to participate the names of your 7 teammates in the Red Carpet Culture Club Community.

Step Five	The challenge begins on February 14, 2023. Post and participate at least 7 out of the 10 days, and hit all 7 themes.
Step Six	Post photo or narrative proof of your participation in at least 7 of the 10 days.
Step Seven	Attend the Recap on February 24 at 2:30pm ET/11:30am PT
Prizes	Each day, an Amazon gift card will be given from a drawing of the people who posted the day before. A \$250.00 gift card for the winning team.